

Community Learning MK – Adult Education

Summer and Autumn Term 2020 Online Courses and Taster Workshops

In response to the recent restrictions surrounding the Coronavirus/Covid19 pandemic we are offering a programme of taster workshops and short courses online over the summer and into the autumn term 2020.

There is a wide variety of courses and tasters available from each of our curriculum areas; IT and Digital Media, Family Learning, Arts, Crafts and Wellbeing, Languages and Maths and English. All our online courses will be delivered using online conferencing apps and through our virtual learning environment - Moodle. You will be sent information on how to use these after you enrol.

For more information and to enrol please visit our website: www.milton-keynes.gov.uk/courses

Email: communitylearning.mk@milton-keynes.gov.uk

Telephone: 01908 556700 or 01908 252083



Community Learning MK



Family Learning MK

Languages Are you interested in learning a new language, or brushing up your existing skills this summer? Why not enrol for a language taster session or summer school with CLMK and learn from the comfort of your own home? (Online courses will include some independent working time as part of the advertised two-hour course)

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY/S	START TIME	END TIME	COURSE LENGTH	TUITION FEE	CONCESSIONS	DESCRIPTION
LAC00801	Try French - Free Taster	Online	01/09/2020	Tu	18:00	19:00	1 day	£0	£0	A chance to learn words and phrases useful for a visit to a French-speaking country. Delivered via Zoom and our virtual learning environment - Moodle
LAC00811	Try German - Free Taster	Online	01/09/2020	Tu	18:00	19:00	1 day	£0	£0	A chance to learn words and phrases useful for a visit to a German-speaking country. Delivered via Zoom and our virtual learning environment - Moodle
LAC00821	Try Spanish - Free Taster	Online	08/09/2020	Tu	18:00	19:00	1 day	£0	£0	A chance to learn words and phrases useful for a visit to a Spanish-speaking country. Delivered via Zoom and our virtual learning environment - Moodle
LAC00831	Try Italian - Free Taster	Online	08/09/2020	Tu	18:00	19:00	1 day	£0	£0	A chance to learn words and phrases useful for a visit to Italy. Delivered via Zoom and our virtual learning environment - Moodle
LAC00731	Spanish Intermediate - Summer School	Online	03/08/2020	Mo	19:00	21:00	5 wks	£55	No concession	This course is for those who have been learning for four years and are working at Levels 7 to 9. Delivered via Zoom and our virtual learning environment - Moodle
LAC00741	Spanish Improvers Year One - Summer School	Online	24/08/2020	Mo	19:00	21:00	4 wks	£44	No concession	This course is for learners who have completed six terms of tuition and are working at Levels 5 to 6. Delivered via Zoom and our virtual learning environment - Moodle
LAC00751	Spanish Next Steps - Summer School	Online	25/08/2020	Tu	19:00	21:00	4 wks	£44	No concession	This course is for learners who have completed two terms of tuition and are working at Levels 2 or 3. Delivered via Zoom and our virtual learning environment - Moodle
LAC00761	German Improvers Year Two - Summer School	Online	03/08/2020	Mo	19:00	21:00	5 wks	£55	No concession	This course is for those who have been learning for three years and are working at Levels 6 or 7. Delivered via Zoom and our virtual learning environment - Moodle
LAC00771	German Moving on to Improvers - Summer School	Online	04/08/2020	Tu	19:00	21:00	4 wks	£44	No concession	This course is for learners who have completed three terms of tuition and are working at Level 3. Delivered via Zoom and our virtual learning environment - Moodle
LAC00781	Italian Next Steps / Moving on to Improvers - Summer School	Online	18/08/2020	Tu	19:00	21:00	3 wks	£33	No concession	This course is for learners who have completed two or three terms of tuition and are working at Levels 2 or 3. Delivered via Zoom and our virtual learning environment - Moodle
LAC00791	Le Tour de France - Summer Workshop	Online	01/09/2020	Tu	19:00	21:00	3 wks	£33	No concession	This three-part online workshop will help you discover more about three different regions of France. Delivered via Zoom and our virtual learning environment - Moodle
LAC00011	French - First Steps - Part One	Online	21/09/2020	Mo	19:00	21:00	5 wks	£55	20% off	A five-week course for absolute beginners
LAC00031	French - Moving on to Improvers - Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed the Next Steps course, or two terms of tuition, and are working at Levels 2 or 3
LAC00051	French - Intermediate Year One - Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	This course is for those who have been learning for three to four years and are working at Levels 7 to 9
LAC00111	German - First Steps - Part One	Online	24/09/2020	Th	19:00	21:00	5 wks	£55	20% off	A five-week course for absolute beginners
LAC00131	German - Improvers Year One - Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed Moving on to Improvers, or three terms of tuition, and are working at Level 3
LAC00151	German - Intermediate Year One - Part One	Online	21/09/2020	Mo	19:00	21:00	5 wks	£55	20% off	This course is for those who have been learning for three to four years and are working at Levels 7 to 9
LAC00171	German - Upper Intermediate - Part One	Online	22/09/2020	Tu	12:00	14:00	5 wks	£55	20% off	This course is for those who have been learning for four years or more and wish to move towards Advanced level
LAC00231	Spanish - First Steps - Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	A five-week course for absolute beginners
LAC00251	Spanish - First Steps - Part One	Online	21/09/2020	Mo	19:00	21:00	5 wks	£55	20% off	A five-week course for absolute beginners
LAC00271	Spanish - Next Steps - Part One	Online	23/09/2020	We	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed the First Steps course, or one term of tuition, and are working at Level 1 or 2
LAC00291	Spanish - Moving on to Improvers - Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed the Next Steps course, or two terms of tuition, and are working at Levels 2 or 3
LAC00311	Spanish - Improvers Year One - Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed Moving on to Improvers, or three terms of tuition, and are working at Level 3.
LAC00331	Spanish - Improvers Year Two - Part One	Online	21/09/2020	Mo	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed Improvers Year One, or six terms of tuition, and are working at Levels 5 to 6
LAC00351	Spanish - Intermediate Year One - Part One	Online	21/09/2020	Mo	19:00	21:00	5 wks	£55	20% off	This course is for those who have been learning for three to four years and are working at Levels 7 to 9

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY/S	START TIME	END TIME	COURSE LENGTH	TUITION FEE	CONCESSIONS	DESCRIPTION
LAC00391	Italian - First Steps - Part One	Online	24/09/2020	Th	19:00	21:00	5 wks	£55	20% off	A five-week course for absolute beginners
LAC00411	Italian - Next Steps - Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed the First Steps course, or one term of tuition, and are working at Level 1 or 2
LAC00431	Italian - Moving on to Improvers- Part One	Online	24/09/2020	Th	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed the Next Steps course, or two terms of tuition, and are working at Levels 2 or 3
LAC00451	Italian - Improvers Year One - Part One	Online	21/09/2020	Mo	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed two terms of Improvers Year One, or four to five terms of tuition, and are working at Levels 4 to 5
LAC00471	Italian – Improvers Year Two – Part One	Online	21/09/2020	Mo	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed two terms of Improvers Year Two, or eight terms of tuition, and are working at Levels 5 and 6
LAC00481	Italian – Intermediate – Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	This course is for those who have been learning for three to four years and are working at Levels 7 to 9
LAX00491	Italian - Advanced - Part One	Online	23/09/2020	We	19:00	21:00	5 wks	£55	No concession	This course is for those who have been learning for four years or more, are developing all four skills and their grammatical knowledge, and are working at Levels 10 to 12 and above
LAC00511	Greek - First Steps - Part One	Online	21/09/2020	Mo	19:00	21:00	5 wks	£55	20% off	A five-week course for absolute beginners
LAC00531	Greek - Intermediate - Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	This course is for those who have been learning for three to four years and are working at Levels 7 to 9
LAC00551	Mandarin Chinese - First Steps - Part One	Online	24/09/2020	Th	19:00	21:00	5 wks	£55	20% off	A five-week course for absolute beginners
LAC00571	Mandarin Chinese - Improvers Year One Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed two terms of Improvers Year One, or four to five terms of tuition, and are working at Levels 4 to 5
LAX00591	Japanese - Advanced Intermediate - Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	No concession	This course is for learners who have been learning Japanese for three to four years and have reached a minimum of Intermediate level (Levels 7 to 9)
LAC00611	Russian - First Steps - Part One	Online	21/09/2020	Mo	19:00	21:00	5 wks	£55	20% off	A five-week course for absolute beginners
LAC00631	Russian - Moving on to Improvers - Part One	Online	22/09/2020	Tu	19:00	21:00	5 wks	£55	20% off	This course is for learners who have completed the Next Steps course, or two terms of tuition, and are working at Levels 2 or 3
LAC00651	British Sign Language - First Steps - Part One	Online	21/09/2020	Mo	18:30	20:30	5 wks	£55	20% off	A five-week course for absolute beginners
LAC00671	Lip-reading - Mixed level - Part One	Online	24/09/2020	Th	19:00	21:00	5 wks	£55	20% off	This course is for beginners and those who have some prior knowledge. A 20% concession is available for the deaf and carers of the deaf

Arts, crafts and Creative Media

Fun short courses and tasters to help you exercise your creative muscles

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY/S	START TIME	END TIME	COURSE LENGTH	TUITION FEE	CONCESSIONS	DESCRIPTION
ACC00211	Kitchen Inks and Dyes	Online	04/08/2020	Tu Fr	14:00	15:00	5 wks	£55	20% off	Use your kitchen scraps and leftovers to create inks and dyes for paper and textiles. Delivered via Zoom and our virtual learning environment - Moodle
ACC00181	Drawing Workshop	Online	10/08/2020	Mo	10:00	13:00	1 day	£15	20% off	Basic drawing techniques for beginners - Perfect prep for How to Draw course starting in September. Delivered via Zoom and our virtual learning environment - Moodle
ACC00191	Oil Painting Workshop	Online	17/08/2020	Mo	10:00	13:00	1 day	£15	20% off	Expand your approach to oils - Perfect prep for Painting in Oils course starting in September. Delivered via Zoom and our virtual learning environment - Moodle
ACC00241	Paint a Portrait in Watercolour - Workshop	Online	13/08/2020	Th	10:00	13:00	1 day	£15	20% off	Use watercolour to build up a portrait - Perfect prep for Art Skills course starting in September. Delivered via Zoom and our virtual learning environment - Moodle
ACC00251	Making Linocut Prints - Workshop	Online	24/08/2020	Mo	10:00	13:00	1 day	£15	20% off	Lino cut for beginners - Perfect prep for Printmaking course starting in September. Delivered via Zoom and our virtual learning environment - Moodle
ACC00261	Making Woodcut Prints - Workshop	Online	27/08/2020	Th	10:00	13:00	1 day	£15	20% off	Woodcut for beginners - Perfect prep for Printmaking course starting in September. Delivered via Zoom and our virtual learning environment - Moodle
ACC00271	Painting from Life - Beginners Watercolour Workshop	Online	11/08/2020	Tu	10:00	12:00	1 day	£10	20% off	For beginners and those with a little experience - perfect prep for Watercolour Beginners starting in September. Delivered via Zoom and our virtual learning environment - Moodle
ACC00281	Drawing with Charcoal	Online	11/08/2020	Tu	18:00	20:00	1 day	£10	20% off	For beginners and those with a little experience - perfect prep for Art Skills - Drawing starting in September. Delivered via Zoom and our virtual learning environment - Moodle
ACC00291	Painting Gardens - Watercolour Workshop	Online	12/08/2020	We	10:00	12:00	1 day	£10	20% off	Intermediate level - perfect prep for Watercolour Intermediate starting in September. Delivered via Zoom and our virtual learning environment - Moodle
ACC00301	Painting Wildlife - Watercolour Workshop	Online	11/08/2020	Tu	13:00	15:00	1 day	£10	20% off	Improvers level - perfect prep for Watercolour Improvers starting in September. Delivered via Zoom and our virtual learning environment - Moodle
ACC00311	Watercolour and Mixed Media	Online	13/08/2020	Th	10:00	12:00	1 day	£10	20% off	Advanced level - perfect prep for Watercolour and Other Media Advanced starting in September. Delivered via Zoom and our virtual learning environment - Moodle
ACC00211	Creative Writing - Novel Writing for Beginners	Online	30/09/2020	We	19:00	21:30	8 wks	£110	20% off	How to structure, plan and write for a range of genres and audiences
ACC00231	Creative Colour and Print	Online	21/09/2020	Mo Fr	14:00	15:00	5 wks	£55	20% off	Develop your knowledge of colour theory to create amazing prints
ACC00091	Art Skills - Drawing	Online	22/09/2020	Tu	18:00	20:00	5 wks	£55	20% off	A general introduction to drawing for beginners and those with a little experience using various media
ACC00011	Art Skills - Drawing	Online	24/09/2020	Th	10:00	12:00	5 wks	£55	20% off	A general introduction to drawing for beginners and those with a little experience using various media
ACC00131	Watercolour - Beginners	Online	22/09/2020	Tu	10:00	12:00	5 wks	£55	20% off	For those with some drawing experience: develop basic skills in this delightful medium
ACC00111	Watercolour - Improvers	Online	23/09/2020	We	12:30	14:30	5 wks	£55	20% off	For learners moving on from Watercolour Beginners
ACC00101	Watercolour Painting - Intermediate	Online	23/09/2020	We	09:30	11:30	5 wks	£55	20% off	New themes and approaches for learners moving on from Improvers
ACC00121	Watercolours & Other Media - Advanced	Online	24/09/2020	Th	10:00	12:00	5 wks	£55	No concession	New themes and approaches for learners moving on from Intermediate
ACC00021	Painting in Oils	Online	21/09/2020	Mo	10:00	12:00	5 wks	£55	20% off	A flexible mixed-level approach to using this medium
ACC00030	Printmaking	Online	26/09/2020	Sa	10:00	12:00	5 wks	£55	20% off	Lino and woodblock printing for beginners and those with a little experience
ACC00041	How to Draw	Online	21/09/2020	Mo	12:30	14:30	5 wks	£55	20% off	A structured introduction to drawing for absolute beginners
ACC00141	Machine Sewing Beginners	Online	21/09/2020	Mo	10:00	12:00	5 wks	£55	20% off	Simple practical projects for those new to using a sewing machine

Smile:)MK supports adults with mild to moderate depression, anxiety and sleep difficulties with a programme of wellbeing-focused courses. Whether you choose arts and crafts, meditation, stress and anxiety management or mindfulness, Smile:)MK courses give you the time and space to focus on you.

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY/S	START TIME	END TIME	COURSE LENGTH	TUITION FEE	CONCESSIONS	DESCRIPTION
SMC00041	Pain Management	Online	07/09/2020	Mo	11:00	12:30	3 wks	£0	£0	Mindfulness techniques for managing chronic pain
SMC00051	Managing Anger	Online	08/09/2020	Tu	10:00	11:30	3 wks	£0	£0	Recognising, understanding and working with anger
SMC00061	Understanding Sleep and Dreams	Online	09/09/2020	We	11:00	12:30	3 wks	£0	£0	Learn effective sleep strategies and how to understand your dreams
SMC00071	Finding your way through grief	Online	21/09/2020	Mo	13:00	14:30	5 wks	£0	£0	A course offering simple steps to help you manage your grief
SMC00081	Finding your way through grief	Online	21/09/2020	Mo	19:00	20:30	5 wks	£0	£0	A course offering simple steps to help you manage your grief
SMC00091	Stress and Anxiety Management	Online	22/09/2020	Tu	13:00	14:30	5 wks	£0	£0	Recognise what your stress triggers are and develop strategies for overcoming them
SMC00101	Stress and Anxiety Management	Online	22/09/2020	Tu	19:00	20:30	5 wks	£0	£0	Recognise what your stress triggers are and develop strategies for overcoming them
SMC00111	Relaxation through Mindfulness	Online	30/09/2020	We	10:00	11:30	8 wks	£0	£0	Learn Mindfulness techniques to help you relax
SMC00121	Relaxation through Mindfulness	Online	30/09/2020	We	19:00	20:30	8 wks	£0	£0	Learn Mindfulness techniques to help you relax
SMC00131	Managing Anger	Online	05/10/2020	Mo	10:00	11:30	3 wks	£0	£0	Recognising, understanding and working with anger
SMC00141	Finding your way through grief	Online	02/11/2020	Mo	13:00	14:30	5 wks	£0	£0	A course offering simple steps to help you manage your grief
SMC00151	Finding your way through grief	Online	02/11/2020	Mo	19:00	20:30	5 wks	£0	£0	A course offering simple steps to help you manage your grief
SMC00161	Understanding Sleep and Dreams	Online	02/11/2020	Mo	10:00	11:30	3 wks	£0	£0	Learn effective sleep strategies and how to understand your dreams
SMC00171	Stress and Anxiety Management	Online	03/11/2020	Tu	13:00	14:30	5 wks	£0	£0	Recognise what your stress triggers are and develop strategies for overcoming them
SMC00181	Stress and Anxiety Management	Online	03/11/2020	Tu	19:00	20:30	5 wks	£0	£0	Recognise what your stress triggers are and develop strategies for overcoming them
SMC00191	Pain Management	Online	23/11/2020	Mo	10:00	11:30	3 wks	£0	£0	Mindfulness techniques for managing chronic pain
SMC00221	Life Story Journals	Online	24/09/2020	Th	10:00	12:00	5 wks	£55	£0	Find out how creativity can help with self-reflection and mindfulness by making your own life-story journal
SMC00231	Life Story Journals	Online	05/11/2020	Th	10:00	12:00	5 wks	£55	£0	Find out how creativity can help with self-reflection and mindfulness by making your own life-story journal
SMC00241	Meditation and Relaxation	Online	22/09/2020	Tu Fr	11:00	11:45	5 wks	£0	£0	Learn relaxation and meditation techniques to help you cope with anxiety and negative thought patterns
SMC00251	Meditation and Relaxation	Online	03/11/2020	Tu Fr	11:00	11:45	5 wks	£0	£0	Learn relaxation and meditation techniques to help you cope with anxiety and negative thought patterns
SMC00261	Art for Wellbeing - Art Journaling	Online	05/08/2020	We	10:00	12:00	5 wks	£55	£0	Improve your wellbeing through creativity
SMC00271	Art for Wellbeing - Art Journaling	Online	23/09/2020	We	10:00	12:00	5 wks	£55	£0	Improve your wellbeing through creativity
SMC00281	Art for Wellbeing - Art Journaling	Online	04/11/2020	We	10:00	12:00	5 wks	£55	£0	Improve your wellbeing through creativity
SMC00011	Restart with Art	Wolverton Bath House	22/09/2020	Tu	11:45	13:45	10 wks	£100	£0	Find some space for you with this fun, art-based course

Maths and English

These short, bitesize courses will help you prepare for longer qualification courses from September and help you if you are home-schooling your children

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY/S	START TIME	END TIME	COURSE LENGTH	TUITION FEE	CONCESSIONS	DESCRIPTION
BSGRFG1	Intro to GCSE Maths	Online	03/08/2020	Mo	18:30	20:30	5 wks	£0	£0	Introduction to GCSE maths. Course delivered via Zoom/Skype and our virtual learning environment - Moodle
BSGRF1	Intro to GCSE Maths	Online	06/08/2020	Th	18:30	20:30	5 wks	£0	£0	Introduction to GCSE maths. Course delivered via Zoom/Skype and our virtual learning environment - Moodle
BSNCM1	Non-Calculator Maths	Online	05/08/2020	We	18:30	20:30	5 wks	£0	£0	This course will be helpful to those wanting to sit GCSE or Functional Skills maths. Course delivered via Zoom/Skype and our virtual learning environment - Moodle
BSNCM2	Non-Calculator Maths	Online	06/08/2020	Th	18:30	20:30	5 wks	£0	£0	This course will be helpful to those wanting to sit GCSE or Functional Skills maths. Course delivered via Zoom/Skype and our virtual learning environment - Moodle
BSGRFE1	Intro to GCSE English	Online	04/08/2020	Tu	18:30	20:30	5 wks	£0	£0	Introduction to GCSE English. Course delivered via Zoom/Skype and our virtual learning environment - Moodle
BSSPAG1	SPaG for Parents	Online	05/08/2020	We	18:30	20:30	5 wks	£0	£0	Spelling, punctuation and grammar as taught to your children. Course delivered via Zoom/Skype and our virtual learning environment - Moodle
BSFWM1	Fun with Maths	Online	06/08/2020	Th	10:00	12:00	5 wks	£0	£0	Maths taught in a fun way. Course delivered via Zoom/Skype and our virtual learning environment - Moodle
BSGTBOM1	Get the best out of Maths	Online	03/08/2020	Mo	10:00	12:00	5 wks	£0	£0	Get the best out of maths. Course delivered via Zoom/Skype and our virtual learning environment - Moodle
BCPMFP1	Primary Maths for Parents	Online	04/08/2020	Tu	10:00	12:00	5 wks	£0	£0	Maths as taught to your children. Course delivered via Zoom/Skype and our virtual learning environment - Moodle

English, Maths and ESOL

English and maths

We offer English and maths at both Functional Skills and GCSE levels. Classes will be starting in early September 2020. Before enrolling you must have a skills check to make sure you start at the right level. Skills checks take place during August. Please email communitylearning.mk@milton-keynes.gov.uk in July when we will be able to give you more information and make you an appointment.

ESOL

ESOL courses cover all four skillsets: Speaking and listening and reading and writing from Entry Level to Level 2. These courses start in early September and run for 12 weeks. Further courses run throughout the academic year. Before enrolling you must take a skills check to make sure that you start at the right level. Skills checks for courses starting in September 2020 will take place during August.

Email: communitylearning.mk@milton-keynes.gov.uk in July for more information and to book an appointment.

IT and Digital Media

There will be more IT and Digital Media courses coming in September so keep an eye on the website!

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY/S	START TIME	END TIME	COURSE LENGTH	TUITION FEE	CONCESSIONS	DESCRIPTION
ITX00061	Getting Started with MS Word – free taster	Online	03/08/2020	Multiple			1 day	£0	£0	Learn how to create and format quality documents in MS Word. Course will be delivered online via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week from date of enrolment for a limited time

Family Learning

Learning for all the family. A range of short fun workshops and longer courses for a variety of ages and interests

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY/S	START TIME	END TIME	COURSE LENGTH	TUITION FEE	CONCESSIONS	DESCRIPTION
FL20TRA1ON	Get ready for school	Online	03/08/2020	Multiple			4 wks	£0	£0	Ideas to help support your child to prepare for starting school. Course will be delivered as a series of 4 x 1-hour online videos via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week from date of enrolment until 29 th August
FL20PPT1ON	Power of positive thinking	Online	05/08/2020	We	11:30	13:30	4 wks	£0	£0	Discover strategies to begin to turn negative thoughts into positive ones. Delivered via Zoom and our virtual learning environment - Moodle
FL20HE1ON	Healthy Family Meals	Online	03/08/2020	Multiple			5 sessions	£0	£0	Healthy family home cooked meals - Course will be delivered as a series of 5 x 1-hour online videos via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week for a limited time of 5 weeks from date of enrolment
FL20MM1ON	Make Music	Online	03/08/2020	Multiple			5 sessions	£0	£0	Fun musical interactive sessions for parents with babies to preschool age children - Course will be delivered as a series of 5 x 1-hour online videos via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week for a limited time of 5 weeks from date of enrolment
FL20POT1ON	Home Crafts Modelling	Online	03/08/2020	Multiple			10 sessions	£0	£0	A home take on pottery - crafts using salt dough, fondant icing and sugar paste - Course will be delivered as a series of 10 x 1-hour online videos via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week for a limited time of 10 weeks from date of enrolment
FL20MP1ON	Messy Play	Online	07/08/2020	Multiple			10 sessions	£0	£0	Messy play ideas for children - Course will be delivered as a series of 10 x 1-hour online videos via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week for a limited time of 10 weeks from date of enrolment
FL20SC1ON	Summer Crafts	Online	06/08/2020	Multiple			1 session	£0	£0	Summer craft making ideas for children - Course will be delivered as an online video via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week for a limited time of 4 weeks from date of enrolment
FL20GO1ON	Great Outdoors	Online	06/08/2020	Multiple			1 session	£0	£0	Get outdoors and explore with your children - resource pack will be sent out to use and follow - enrolments taken throughout August. Course will be delivered as an online video via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week from date of enrolment for a limited time
FL20GA1ON	5-minute Pre-schooler Games	Online	07/08/2020	Multiple			1 session	£0	£0	Quick 5 minute set up games to tempt your pre-schoolers. Course will be delivered as a series of 10 x 1-hour online videos via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week for a limited time of 10 weeks from date of enrolment
FLMB1ON	Mini Beasts	Online	05/08/2020	Multiple			1 session	£0	£0	Workshop to explore the mini beasts you can find in the outdoors. Course will be delivered as an online video via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week from date of enrolment for a limited time
FL20TE1ON	Talk English	Online	04/08/2020	Tu	10:00	12:00	10 wks	£0	£0	Get ready for ESOL course - Delivered via Zoom
FL20COL1ON	Collagraph Printing Workshop	Online	03/08/2020	Multiple			1 session	£0	£0	Fun and free online demonstration of how to make prints from items found in and outside the home. Course will be delivered as an online video via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week from date of enrolment for a limited time
FL20COB2ON	Cooking on a Budget	Online	17/08/2020	Multiple			1 session	£0	£0	A free beginners' guide to low cost cooking, from one pot to using leftovers. Troubleshooting tell us your ingredients get a recipe. Course will be delivered as an online video via our virtual learning environment – Moodle. Accessible 24hrs a day 7 days per week from date of enrolment for a limited time

Health and Wellbeing

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY/S	START TIME	END TIME	COURSE LENGTH	TUITION FEE	CONCESSIONS	DESCRIPTION
HWX00220	Pilates	Online	24/09/2020	Th	09:30	10:30	5 wks	£55	No Concession	Explore and develop your flexibility, strength and balance
HWX00180	World Breads	Sir Herbert Leon	10/10/2020	Sa	10:00	16:00	1 day	£50	No concession	Bake breads from four continents
HWC00191	How to Cook the Basics	Sir Herbert Leon	23/09/2020	We	19:00	21:00	5 wks	£65	20% off	Soups, sauces, casseroles and pies; vary the basics to create everyday dishes
HWC00201	How to Cook the Basics - Next Steps	Sir Herbert Leon	04/11/2020	We	19:00	21:00	5 wks	£65	20% off	For learners who would like to develop their culinary skills further
HWX00210	Dance - Ballet - Improvers	Sir Herbert Leon	09/09/2020	We	20:45	21:45	14 wks	£112	No concession	For learners with some knowledge and skills looking to develop further
HWX00230	Dance - Tap - Intermediate	Sir Herbert Leon	09/09/2020	We	19:30	20:30	14 wks	£112	No concession	For learners moving on from Tap Improvers
HWX00240	Dance - Tap - Improvers	Sir Herbert Leon	10/09/2020	Th	20:00	21:00	14 wks	£112	No concession	For learners with some knowledge and experience

Concessions

Can I claim a concession?

If you are unemployed and/or claiming income based benefits or on an income of less than £17,004.00 (based on 37.5 hours per week) you may be entitled to a concession.

If there is no concession attached to a particular course, this will be indicated in the 'Concessions' column.

Please note, if you are aged 65 or over you do not automatically qualify for a concession unless you are claiming an income based benefit - please see our fee policy for details.

